

\$14.95

Spirituality/Self-Help

Restore Your Spiritual Health

As a child growing up in the 1940s, Louis Sadler was neglected and abandoned by his mother. Sent to live in the an institution for orphans by his father when he was just six years old, Sadler soon discovered the cruel reality of sexual, physical, and spiritual abuse. He writes about his journey from orphaned spirit to knowing his oneness with all in this compelling book.

Divided into three sections, the book begins with a compilation of writings and research about the lives of Sadler's parents and grandparents, as well as his own childhood, and the influence all of this has had on his life as an adult. The second part of the book marks the beginning of his journey to healing, and the writings here express the pain and joy he experienced along the way. Finally, the author shares the struggles of a family member who, while incarcerated, practiced the tools Sadler had developed to better his own life, which provides Sadler with further insight into his own spiritual restoration.

In this heartfelt book, you'll learn:

- The tools and techniques for healing your orphaned spirit.
- How to avoid self-sabotage and live a life of happiness and success
- The development of compassion
- The value of validating yourself and others.

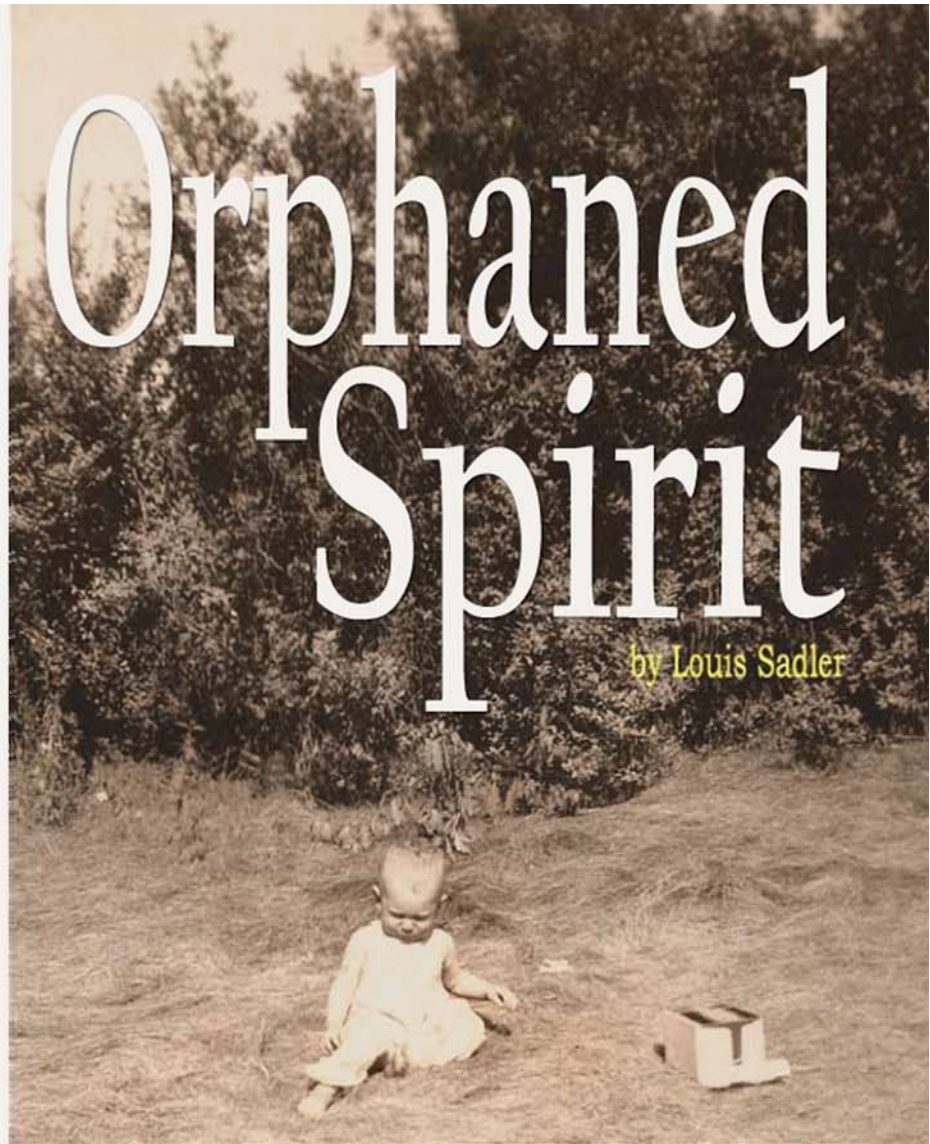
If you are an orphaned spirit because of abuse, neglect, abandonment, or any other reason, this book can give you the power to heal.



Louis Sadler lives in Colorado with his wife. The couple split their time between their grandchildren and working to help others to develop their spirits.

Orphaned Spirit

Louis Sadler



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The Power to Heal